

## SOUTH GLENS FALLS GIRLS SOFTBALL LEAGUE RULES

### T-BALL (6U)

1. Softball is for the fun and enjoyment of the children involved. Coaches, managers and parents are to teach and model fair play and sportsmanship.
2. This is a developmental league. Coaches are encouraged to instruct players without disrupting the flow of the game. There are no win-loss standings in this division.
3. **Each team is allowed up to FOUR COACHES in the playing area. A coach may be in the dugout to supervise dugout activities. Coaches locations on defense generally include behind second base, behind short stop, and a coach near the teams dugout. Offense would include the pitcher, catcher first base and third base**
4. Base coaches may be the coach and/or manager or other parent volunteer.
5. The defensive team coach and /or manager may be on the playing field in the area by 2<sup>nd</sup> base, to instruct players during the game.
6. The games are six (6) innings in length, or end when the allotted time has expired. Coaches are encouraged to keep the game moving at all times and try to play as many innings as possible.
7. **No new inning will start after one hour forty five (1:45) hour from start. Coaches may mutually end a game earlier but only after one (1) hour of play**
8. Coaches will exchange the batting order prior to the start of the game.
9. All players on each team will bat one time per inning, even if there is an uneven count for each team. The last batter will end the inning
10. If the defensive team makes an out on a runner, the runner is removed from the field, as in a regular game.
11. There is no 3 out rule. Even if three outs are made in an inning play continues till all player bat per inning.
12. All base runners and pitchers must wear an approved helmet with a chin strap and face guard.
13. Absolutely no jewelry will be worn during games (including starter earrings)
14. The home team occupies the first base dugout and visitors in the third base dugout.
15. Some field raking and lime may be required. **HOME TEAM** is responsible for field conditions and may need to prep the field in advance of the game time, or assign other parent volunteers to help.
16. All Warm up and pre-game activities must happen in the outfield. No pre-game warm up on the field will occur. Warm-up times may have to be reduced if a previous game is delayed. This is done to keep the safety of the workers and people prepping the field prior to games
17. **All players on a team will play defense each inning. No player will sit on the bench if team exceeds the normal 10 positions. The defense can have two pitchers one on each side of the coach to have 6 infielders. The remaining must play outfield**
18. **There are no catchers in T-Ball**

19. All players must play at least two (2) innings defensively in the field each game
20. Coaches may pitch up to six (6) pitches to a batter. An adult helper to team manager will be the catcher. After six (6) pitches the “tee” stand must be used to put the ball into play.
21. Only softballs provided by the league may be used in practices and games for safety reasons.
22. If a thrown or batted ball hits a field coach, it is a dead ball. The batter is awarded first base and all runners will advance one (1) base.
23. On an overthrown to first or third base, the runner is not permitted to advance to the next base. The play is dead.
24. There is no leading off or base stealing between pitches.
25. No bunting is allowed.
26. No on-deck batters in field.
27. Nothing but water or sports drinks will be allowed in the dugout. It is the responsibility of the coach to pick up their equipment from the dugout and remove ALL garbage.
28. Play must be suspended if there are signs of a thunderstorm (darkening clouds, high winds, thunder, or lightning sighted). If lightning is sighted, a thirty (30) minute waiting period is required before resuming play. Each time additional lightning is observed or thunder is heard, the minimum thirty (30) minute waiting period should be reset. A clear sky or lack of rainfall is not adequate indicators for resuming play. Play should not be resumed even after the thirty (30) minute waiting period if any signs of thunderstorm activity remain in the area or if the weather forecast indicates the threat is not over.

If you have any questions regarding these rules, contact your league Vice President.